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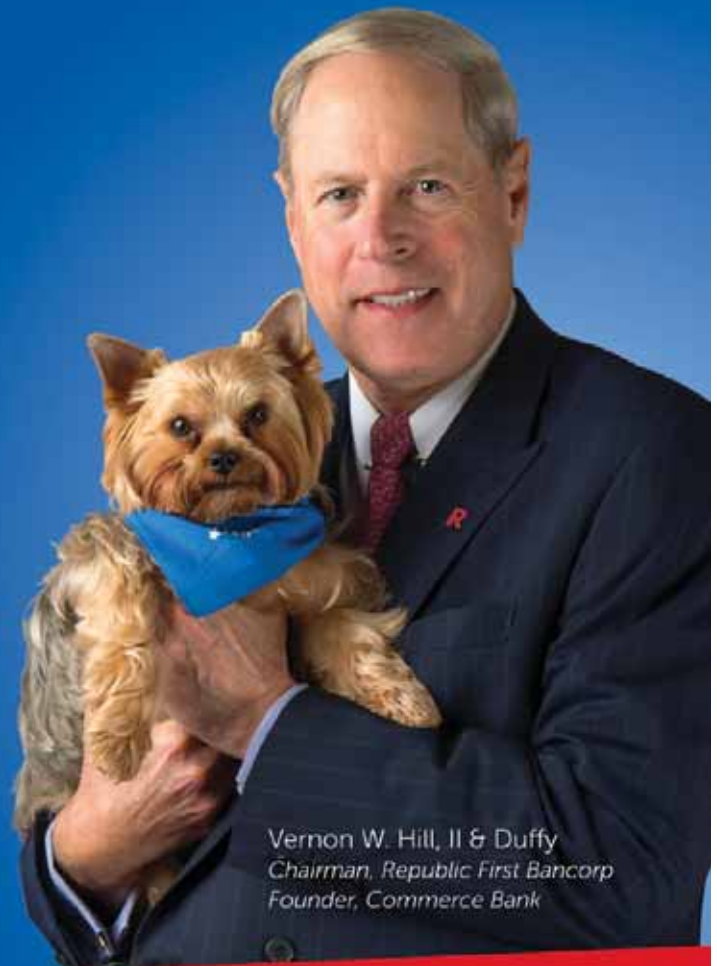
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TAYE DIGGS

The actor is “taking over” classrooms. 14-15



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Expect more blackouts, Con Edison says. 4



FIRING 'SQUAD'

Reps. Alexandria Ocasio-Cortez, Ilhan Omar, Rashida Tlaib and Ayanna S. Pressley slammed the president on Monday over his “go back” comments, including Omar’s call for impeachment. 2

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NEWS

'Squad' of Dems, other lawmakers blast Pres. Trump's 'racist' attacks

The president doubled down, saying, "If you're not happy here, you can leave."

President Donald Trump doubled down on his attacks against four U.S. congresswomen on Monday and dismissed concerns that his comments were racist, prompting outrage from Democrats, who moved to condemn him in the House of Representatives.

Speaking at the White House, Trump said people he described as critical of the United States should leave the country.

Those remarks followed his Twitter messages on Sunday that said the four left-wing lawmakers, known in Congress as "the squad," should go back to "the totally broken and crime-infested places from which they came."

All four of the first-term House members are



U.S. Rep. Alexandria Ocasio-Cortez (D-NY) speaks as Reps. Ayanna Pressley (D-MA), Ilhan Omar (D-MN) and Rashida Tlaib (D-MI) look on during a press conference. GETTY IMAGES

U.S. citizens and all but one were born in the United States.

"If you're not happy in the U.S., if you're complaining all the time, very simply: You can leave," he said, drawing scattered applause from a crowd of businesspeople.

Trump did not identify the lawmakers by name in his Sunday tweets, but

he appeared to refer to Reps. Alexandria Ocasio-Cortez of New York, Ilhan Omar of Minnesota, Ayanna Pressley of Massachusetts and Rashida Tlaib of Michigan.

All four have been critical of Trump, as well as of the current Democratic leaders of the House, straining party unity in that chamber.

bating the policy," Ocasio-Cortez said.

Tlaib and Omar repeated their calls for Trump to be impeached.

Trump has a history of what critics consider race-baiting. He led a movement that falsely claimed former President Barack Obama was not born in the United States, and he said after a deadly, white supremacist-led rally in Charlottesville, Virginia, that "both sides" were to blame for violence there.

"This is the agenda of white nationalists, whether it is happening in chat rooms, or it's happening on national TV, and now it's reached the White House garden," Omar said.

Although most Republicans stayed silent on Trump's divisive rhetoric, several began expressing concern late on Monday.

House Republican Leader Kevin McCarthy said the four lawmakers belonged in the United States. "This is their coun-

try," he told reporters.

Texas Rep. Will Hurd, the only African-American Republican in the House, called the attacks "racist" on CNN.

"As far as I'm concerned, if you hate our country, if you're not happy here, you can leave."

President Trump

Tim Scott, the Senate's only black Republican, called them "racially offensive" on Twitter.

Others did not go that far. Sen. Mitt Romney, the party's 2012 presidential nominee, and Sen. Marco Rubio, who ran in 2016, both condemned the remarks but declined to characterize them as racist. REUTERS

FOREMAN FORECAST: TRUMP'S ANGRY MOB

ANALYSIS

TOM FOREMAN



Here is a question for Republicans: Is it worth it?

All those conservative judges you're getting

from the White House, the tax plan, the turmoil in world relations, the surging economy, the railing against immigrants, and the dismantling of all things Obama.

I know many of you just love all that, but again — is it enough to offset the growing public perception that your party is comfortable with a racist in charge?

Now, you may feel such a claim is overblown, but President Donald Trump's Twitter-burst aimed at four Democratic women of color is not helping your argument. When he tweeted that these women should "go back and help fix the totally broken and crime-infested places from which they came," he echoed that old racist trope: You don't look like us. You're not from here. You're not really an American. Go away.

Of course, you weren't shocked. After

all, he was your party's top pusher of the fake Obama birther conspiracy. He often flings vaguely veiled ethnic slurs at minorities. Even as he defended himself against the most recent accusations of racism, he sounded ... well, kind of racist.

Bear in mind that these women are all, absolutely, American citizens. They are duly elected members of Congress backed by tens of thousands of other Americans, and neither their color, religion, gender or background should make an ounce of difference.

And while Trump has every right to disagree with their policies, he chose instead to open fire on their legitimacy, their patriotism, their very being. Yet, there has been barely a trickle of Republican lawmakers willing to stand up and say they disapprove of



U.S. Rep. Ilhan Omar, Democrat of Minnesota.

ALL GETTY IMAGES

his tactics.

In my decades of reporting, I've known plenty of Republicans who have proudly proclaimed their conservative principles, and derided Democrats as weak, wishy-washy, and unwilling to speak against wrongdoing in their own party.

But where are those Republicans now, as a portion of their party's integrity burns on the pyre of bigotry? I don't know. Perhaps they are lounging in a backroom of the Capitol, hoisting a toast to Trump, and saying yes, yes ... it's worth it.



Rep. Ayanna Pressley.



HOW CAN YOU ACHIEVE YOUR DREAM SMILE?

Did you know that people with beautiful smiles are often perceived as more confident, happy and successful?

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According to the American Dental Association, "The mouth is a window into the health of the body." The mouth is filled with all different types of bacteria and a lot of them are linked to gum disease and tooth decay. The advanced form of gum disease (periodontitis) is linked to many other health issues including heart disease, stroke and bacterial pneumonia.

We cannot stress the importance of visiting your dentist and hygienist every six months for an exam and cleaning. Keeping your teeth and gums healthy for life will help you live a longer, more fulfilled life.

Once you know where you stand with your oral health, you can explore options for a beautiful smile. Thanks to the many advances in cosmetic dentistry, there are numerous ways to go about achieving an aesthetically pleasing smile.

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NYC blackout.

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Con Edison says more NYC blackouts may be looming

Extreme summer heat could lead to more blackouts in New York City.



BECCA GLASSER-BAKER
Rebecca.Glasser@metro.us

Con Edison warned that with impending heat, more blackouts may take place in the city this summer.

"We expect that there could be service outages — those things happen during heat waves," the power company's chief spokesman, Mike Clendenin, told PIX 11.

According to the National Weather Service, New York City could see a heat wave starting later this week.

But this time, Con Edison said it's "prepared" to take care of the blackout, though the company is still scratching its head over the exact cause of Saturday's widespread power outage in Manhattan. The company on Monday was looking into the incident.

"We are very, very focused on examining exactly what transpired and caused that outage," Clendenin said of the probe. "There's a lot of patience and poise that New Yorkers displayed

during the outage itself. The same kind of patience and diligence is going to be needed as engineers and experts dive into the data and actually analyze how equipment tripped off, or what went wrong, that led to the large outage."

The blackout reportedly impacted more than 70,000 New Yorkers.

In preparation for future blackouts, FEMA.gov is offering preparation tips. They suggest people take stock of items that require electricity, pick up batteries or other alternatives that will keep devices charged, determine how long your phone will last, and purchase candles and flashlights with extra batteries.

When faced with a blackout, FEMA says to keep the fridge and freezer closed, use non-perishable food, check on your neighbors, and to turn off or disconnect appliances and electronics.

To keep you safe after a power outage, toss out any food that has been susceptible to temperatures of 40 degrees or warmer for two hours or more. Check your food and make sure there's nothing unusual about it.



Sections of Midtown and the Upper West Side lost power on Saturday.

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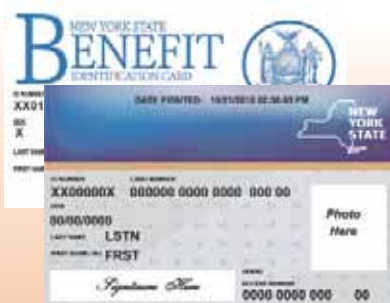
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Doctors Urge Knee Pain Sufferers

“Don’t Get ANY Surgery Until You See This...”

After Years Of Intense Study, NYC Medical Clinic Finally Reveals It’s Best “Treatment Formula” For Helping Knee Arthritis Sufferers... Especially When So Many Other Treatments Have Failed

NEW YORK CITY - If you are even remotely interested in discovering how the latest scientific discoveries can possibly help your knee pain... then this is going to be the most exciting information you ever read.

Here is why: Knee pain can not only be brutal... it’s complex. In other words, it’s not a simple, easy fix.

But I’m sure you already know that. Or you wouldn’t be reading this.

That’s the bad news.

Now for some good news...

Over the years, **NYC Pain MD** has treated countless knee pain sufferers. And in that time have been able to constantly improve.

And we have come up with a treatment formula that we have found works best and helps the most patients.

This formula has reduced or even eliminated the pain in many. Some were scheduled for knee replacement surgery and felt good enough to cancel their surgery.

It’s amazing when patients who were once in excruciating pain... start feeling better. And start walking again. And playing golf. Or tennis. And finally getting their lives back.

Especially when they had gone to other doctors and tried so many other things.

So many had given up hope.

Sound familiar? If it does... check this out...

The Treatment Formula

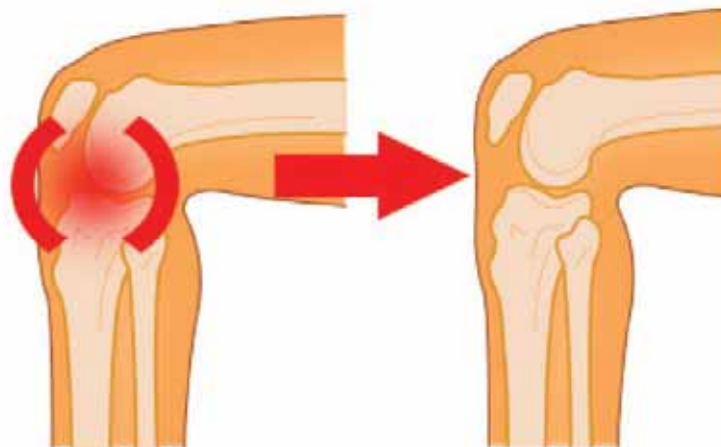
While I can’t give you the entire treatment formula here (there is not enough space and WAY too complicated) I can give you the basics. And more important... I can tell you what it might be able to do for YOU.

The first and most important part of the formula is: **PATIENT SELECTION.**

This means, **NYC Pain MD** has a detailed screening process to tell who is most likely to be helped by their treatments... and who is not.

If you qualify, you have the opportunity to move forward and experience the worldclass treatments that **NYC Pain MD** offers.

If you do not, **NYC Pain MD** will tell you what they think your best options are and help



NYC Pain MD “Treatment Formula” A protocol of advanced medical treatments that has already helped thousands.

you find the right doctor for you.

If you qualify, **NYC Pain MD** offers some of the most advanced medical treatments available today all using the most advanced imaging technology including:

- Viscosupplementation (gel injections)
- Platelet Rich Plasma (PRP)
- Stem Cell Therapy (Lipogems)
- Genicular Knee Block
- And more.

Once again, there is not enough space to go into detail about all these procedures... but here are some things you **MUST KNOW...**

Viscosupplementation is where a doctor introduces a gel-like medicine directly into the joint space. This helps to lubricate the joints often relieving some, most or even all of your pain. Results can last for 6 months to several years.

Many have had these treatments *without* good results. However, **NYC Pain MD** feels this is because doctors often do these “gel injections” without advanced imaging to guide them. Research shows they will often miss the joint. If the joint is missed... it is impossible for the treatment to work.

NYC Pain MD has spared no expense and used advanced imaging to guide the injections assuring the medicine gets into the joint. We frequently get results when this treatment was a failure done elsewhere.

The second thing you must know is... our treatment plans are custom made for every patient. And we have all these treatments

offered in the same place. Many times you will get the best results from multiple treatments. At **NYC Pain MD** your doctors will all be there and will all know each other and you and your case. They work together and give you the best treatments and care without you having to go anywhere else.

The ability to select the right patients and then have the potential to give them any or all of these treatments... with all the necessary medical technology... under one roof... has allowed **NYC Pain MD** to get better results than they thought possible.

Here’s What You Should Do Next

If you suffer with knee pain... and any of this made sense to you... **NYC Pain MD** would like to offer you a No-cost screening. That screening is the first step in our “Treatment Formula.”

You will get to see a doctor and ask any questions you have. Your doctor will take the first steps to see if you qualify for treatments and give you recommendations.

The best thing is... you will finally get direction. You will know what’s going on and what is your best course of action... step-by-step. The treatments will be explained in detail and you will breathe a big sigh of relief finally knowing what’s going on and what can or cannot be done.

There is so much we want to say to help you... but I’m out of space. Give us a call at **877-296-6310** and take the first step. That step is free without obligation.



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A general view of ICE facilities as communities brace for a reported wave of ICE deportation raids in Miami. **REUTERS**

Trump administration moves to stop more immigrants from seeking asylum

All applicants will be required to pursue their claims in a third country.

The Trump administration on Monday moved to bar almost all immigrants from applying for asylum at the country's southern border, requiring them to first pursue their claims in a third country they traveled through before seeking safe haven in the United States.

The Department of Homeland Security, in a statement issued with the Department of Justice, said the interim rule would set a "new bar" for immigrants "by placing further restrictions or limitations on eligibility for aliens who seek asylum in the United States."

The ACLU called the new rule "patently unlawful" and vowed to sue.

The rule would make it all but impossible for applicants seeking protection from persecution unless they first apply for asylum in a "third country" such as Mexico or Guatemala, through which they traveled en route to the U.S.

It was just short of a "nuclear option, close to something like shutting down the border," said Jessica Vaughan from the

Center for Immigration Studies, which supports increased immigration restrictions.

The change would also place an even higher burden on Mexico, which has been somewhat cooperative with U.S. efforts to slow Central American immigration. Mexico's foreign ministry said it had seen the interim rule and would respond on it.

Guatemala, which both sends migrants to the United States and receives Hondurans and Salvadorans passing through, said on Sunday it would postpone President Jimmy Morales' visit to Washington to discuss Guatemala's potential designation as a "safe third country" for asylum seekers, stressing it had no plans to sign such an agreement.

The proposed changes, set to become official on Tuesday, represent the latest effort by the Trump administration to crack down on immigration, the signature issue that helped propel Trump to the White House in the 2016 election and one already figuring prominently in the 2020 campaign.

Trump on Monday declared "very successful" what he had billed as a sweeping operation to arrest undocumented immi-

grants this past weekend. U.S. authorities launched small-scale operations aimed at about 2,000 recently-arrived families in about 10 cities.

The operations come as the Trump administration faces criticism for housing immigrants in overcrowded, unsanitary conditions, and there are concerns about migrant children being separated from adults by U.S. authorities.

While Democratic politicians have sought to portray the Trump policies as inhumane, the president's supporters are certain to be pleased at another gesture making good on campaign promises to sharply curtail immigration.

U.S. Rep. Doug Collins, the senior Republican on the House Judiciary Committee, said it "helps return integrity to the asylum system by focusing resources on those most at risk of persecution."

The Trump administration wants to stem a flow of asylum seekers arriving at the U.S.-Mexico border, saying U.S. capacity to process asylum claims has been overwhelmed due to an influx of people from Guatemala, Honduras and El Salvador but also increasingly from Cuba and countries as far away as Africa. **REUTERS**

Demand Soars At NYC Medical Clinic For Promising Back Pain Treatment

Can This Medical Technology Possibly Eliminate Or Greatly Reduce Even The Most Severe Back Pain... Almost Instantly?

The Advanced Medical Treatment Every Back & Neck Pain Sufferer Needs To Know - No Matter How Bad The Pain Is Or How Many Other Treatments Have Failed

NYC Pain MD is a medical clinic with two locations in New York City that has made a name for itself by treating the worst cases of back or neck pain.

Here is what every back and neck pain sufferer who has failed to respond to other treatments and does not want surgery should know about one of the best treatment options available today for severe back and neck pain including when, why and where you should consider this treatment to get maximum results.

If you suffer with back, neck or nerve pain, you have probably already tried *many treatments...* especially countless pain medications.

Experienced doctors understand that even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for back pain... they are rarely the answer.

In most cases they have minimal, short term results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

Are there any better options?

Thankfully, advancements in science and technology come extremely fast. And now there is very good option to help relieve the pain.

An option that a lot of back and neck pain sufferers may have never heard of before.

Before we get into these treatments, please understand this...

NYC Pain MD is a REAL medical clinic that has treated the worst cases of back pain. Patients travel from all over to be treated at one of their clinics for all sorts of joint and muscle pain because they want the best medical treatments available.

What you are about to discover is a REAL medical treatment. Not some miracle cure you see on infomercials or on the internet.

Know this fact: There is no one treatment that will

help every case of back pain.

And we cannot guarantee this treatment will work for you. But this treatment has already helped countless back and neck pain sufferers who had given up hope. I bet many just like you.

What is this treatment? It's called...

Radiofrequency Neurotomy

"Radiofrequency Neurotomy" is often referred to as RF for short.

RF is a procedure that is based on the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your spine and one of their jobs is to sense PAIN.

Radiofrequency waves are delivered to these nerves under advanced imaging to "block" the nerves.

Two procedures are performed. First, a test, diagnostic "Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, the Radio Frequency Neurotomy is scheduled and performed for longer term relief.

What Results Can You Expect?

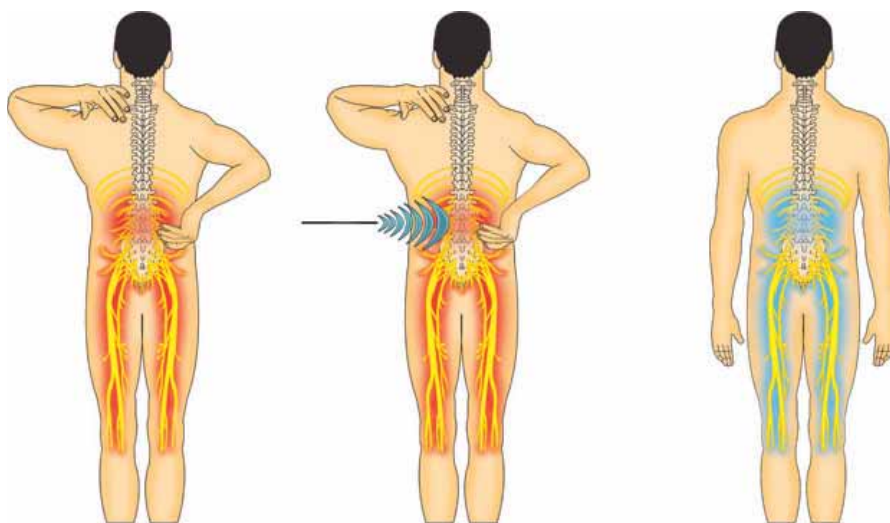
Like all real medical procedures... results vary for individual patients. No good and ethical doctor would guarantee any exact results for any procedure... that's just not how things work and it would be less than honest.

That's being said, it is not uncommon for patients to get complete, if not significant relief of their pain shortly after the treatment.

How Long Do The Results Last?

This procedure "blocks" the nerves pain signals... it does not destroy them. Therefore, the results are safe but not completely permanent. But, many patients get relief for 6 months... 12 months... 18 months for some and some even longer. The great news is - another procedure can be safely performed for more relief if necessary.

Advanced Treatment Uses Radio Frequencies To Relieve Serious Neck & Back Pain



Science rescues back & neck pain sufferers?: Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many.

While we cannot claim this is a complete "permanent cure" but... it can be a god-send for so many who were in constant pain.

Really... what would it be worth it to you could get out of pain for long enough so you could start enjoying your everyday life again?

Would it be worth it to be able to finally get a good nights sleep again?

How about being able to go for a simple walk or just do your basic daily chores without worrying about so much pain?

Is It Safe?

Yes. This procedure has been done countless times and continues to have an excellent safety record. It is minimally invasive and is not surgical.

Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and physical therapy do not offer good enough results.

RF has also been found effective AFTER back surgery when patient's still feel pain.

The pain after a failed back surgery can be debilitating for some and this procedure may be the only thing that helps give you relief.

What To Do Next If You Are In Pain And The "X" Factor

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof without the need for a surgical center or hospital.

Major Savings In Time And Costs Of Care?

NYC Pain MD's method allows you to avoid expensive hospital or out patient surgical center facility fees which often run 3 to 4 times the cost of the procedure itself. And you don't have to go through the huge stress and time consuming process of going all over the city to outside centers. All the NYC Pain MD treatments can be done in out in-office procedure suites saving you stress, time and dollars. NYC Pain MD believes this additional "X" factor is one of the reasons so many back pain sufferers travel from all over to be treated at one of their advanced medical clinics.

Your Invitation

NYC Pain MD offers a limited number of complimentary back pain treatment screenings every

month. These screenings are a way for back pain sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at NYC Pain MD. If you would like a complimentary screening, just call 877-907-2934 and tell the scheduling expert who answers the phone, "I would like a complimentary back pain screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is no cost and no obligation.

Many of the treatments offered are covered by many insurance plans and traditional medicare.

Call 877-907-2934 for your free screening and find out if you can get out of pain today.

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Protesters gather in DC to demand justice for Eric Garner

Family and supporters traveled to the capital as the federal statute of limitations on Garner's death case is set to expire.



Two days before a federal statute of limitations was set to expire in the Eric Garner death case, protesters gathered in Washington, D.C., to demand that the federal government file charges against the NYPD officer who put Garner in a fatal chokehold.

Wednesday is the deadline for the Department of Justice (DOJ) to file charges in the death, which was ruled a homicide in 2014 by the New York City Medical Examiner. Five years ago, on July 17, the nation



Eric Garner protest.

GETTY IMAGE

watched as Garner was arrested on "suspicion of selling loose cigarette" and then held in a chokehold by NYPD Officer Daniel Pantaleo. While in the chokehold, Garner said "I can't breathe" 11 times before appearing to fall unconscious.

Pantaleo has not been

criminally charged. According to ABC, Pantaleo could still be fired, but a Staten Island grand jury opted not to indict him.

Protesters are not sure that the DOJ will pick up the case. Hawk Newsome, president of Black Lives Matter, told ABC that if charges

aren't filed by Wednesday, "we shut down the city."

Newsome added: "Every Democratic politician is running around talking about immigration. We care about immigration, but they forgot about Black Lives Matter."

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'Sweet Pea' Whitaker dies after being hit by car

Former world champion Pernell "Sweet Pea" Whitaker has died after being hit by a vehicle in Virginia Beach, Virginia, according to police. He was 55.

Whitaker was a world champion in four divisions — WBC lightweight, IBF light welterweight, WBC welterweight and WBA light middleweight. He retired in 2001 after compiling a 40-4-1 record including 17 knockouts and later worked as a trainer.

A member of the International Boxing Hall of Fame, Whitaker was named boxer of the year by Ring magazine in 1989. He also won an Olympic gold medal in 1984.

Whitaker was pronounced dead at a Virginia Beach intersection on Sunday night after police were called to the scene of an accident, a police report said.

The driver of the ve-



REUTERS

hicle remained at the scene and the accident is still under investigation, police added.

Many top athletes and celebrities took to Twitter to add their condolences, including former heavyweight champion Mike Tyson, who tweeted: "I'm truly lost for words to hear Pernell 'Sweet Pea' Whitaker is no longer with us. He was a flawless fighter. Condolences to his family."

Former NFL quarterback Michael Vick, a Virginia native, added: "'Sweet Pea' Whitaker was our hometown legend and the greatest of all time. My prayers are with his family and loved ones."

MC Hammer also added: "'Sweet Pea' kept a smile on everyone's face, in and out of the ring. We had some fun times together. Gone to [sic] soon. R.I.P. my Friend. R.I.P." REUTERS

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Amazon rivals ride on Prime Day marketing as protests unfold

Walmart, Target and eBay also jumped in on the now-annual sales day.

Amazon.com Inc.'s Prime Day is now a major marketing opportunity and shopping event in the annual calendar for other U.S. retail companies, rivaling the Thanksgiving holiday's Black Friday as a driver of sales.

Walmart, Target and eBay all run their own special promotions to coincide with the annual sale, which this year Amazon has stretched to two days.

Target announced deal days which will run on the same days as Prime Day — July 15 and 16. Walmart offered promotions from July 14 to 17, while eBay announced a July 15 "crash sale."

"As the awareness of this shopping moment



continues to build, we see this as a great opportunity to showcase our competitive advantage on price and inventory," an eBay spokesperson said.

Amazon's breakneck pace of growth, which has seen increasing numbers of shoppers ordering online instead of going to brick-and-mortar stores, is pushing other retailers to respond as they seek to

remain competitive.

"There is this enormous halo effect to Prime Day," said Jaysen Gillespie, head of analytics and data science at ads firm Criteo, adding that non-Amazon retailers should experience large increases both in traffic to their websites and in sales.

"The rest of the industry is taking advantage of the free marketing that

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Jeff Bezos is providing, and they should really send him a thank-you card saying, 'Hey, thanks for the awareness marketing. We'll take care of the conversion and close the deal now on our websites.'"

The mid-summer shopping event is estimated to bring in \$5.8 billion in sales this year for Amazon globally, compared to \$3.9 billion last year, according to Coresight Research. Amazon does not disclose figures for revenue generated during Prime Day shopping events.

Other top-selling prod-

ucts around the world were table salt in India, Coke Zero and Kleenex tissues in Singapore and electric toothbrushes in China.

Pop star Lady Gaga announced a line of beauty products exclusively for sale on Amazon last week, which is available for pre-order during the promotional event.

"It's Christmas in July," said Tom Caporaso, chief executive of loyalty platform Clarus Commerce, citing company research that shows roughly 50 percent of consumers say they search other retailers

to find the best price on Prime Day.

To coincide with Prime Day, more than 2,000 workers at seven Amazon sites across Germany went on strike over pay and conditions for logistics workers for at least two days, labor union Verdi said on Monday. Other protests have been planned across Europe and the United States, including at an Amazon warehouse in Shakopee in Minneapolis, where workers have scheduled a work stoppage and are demanding improved work conditions. **REUTERS**

Protesters rally against Amazon workplace conditions at Bezos' NYC apartment



Protesters march to a building where Amazon owner Jeff Bezos owns property on Monday in Manhattan. The protest, raising awareness of Amazon facilitating ICE surveillance efforts, coincides with Amazon's Prime Day, when Amazon offers discounts to Prime members. **GETTY IMAGES**

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Expanded care for respiratory patients

By Mount Sinai – National Jewish Health

The Icahn School of Medicine at Mount Sinai and National Jewish Health, the nation's leading respiratory hospital, recently opened a second location for the Mount Sinai – National Jewish Health Respiratory Institute. The new Union Square location offers expanded opportunities for patients with respiratory-related illnesses to receive care.

One in four Americans has a serious, chronic, or life-threatening respiratory disease, such as asthma, emphysema, lung cancer, or cystic fibrosis. National Jewish Health, based in Denver, is the only institution dedicated to research and treatment of respiratory disease for both adults and children and is **ranked No. 1 in the nation for respiratory care**.

The Icahn School of Medicine is ranked among the **top 20 medical schools in the United States**, and is the medical education and research hub for the entire Mount Sinai Health System,

one of the country's largest not-for-profit, multi-site health care systems.

Together, these organizations bring leading expertise to addressing complex respiratory illnesses such as asthma, chronic obstructive pulmonary disease, interstitial lung disease, sarcoidosis, and others. The first Respiratory Institute location was opened in 2015.

Respiratory Institute patients can be seen at two Manhattan locations: **10 East 102nd Street, Fifth floor**, and the new location at **10 Union Square East, Suite 2A**. Patients and referring physicians can make an appointment at either location by calling **(800) 563-3498** or visiting **TheRespiratoryInstitute.org**.

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Epstein's accusers urge judge to keep him jailed until trial

The judge is expected to announce bail on Thursday.

Two women who say they are victims of sexual misconduct by American financier Jeffrey Epstein on Monday urged a U.S. judge to keep him in jail while he awaits trial on charges of sex trafficking dozens of underage girls.

"He's a scary person," one of the women, Courtney Wild, told U.S. District Judge Richard Berman in federal court in Manhattan.

Wild and another accuser, Annie Farmer, spoke at the end of a hearing in which prosecutors argued that Epstein, 66, posed an "extraordinary risk of flight" and danger to the community and must remain in jail.

Epstein, who has pleaded not guilty, has



Jeffrey Epstein looks on during a bail hearing in New York. REUTERS

asked to be allowed to live under house arrest with armed guard at his expense in his mansion on Manhattan's Upper East Side, which is valued at \$77 million.

The hedge fund manager had a social circle that over the years has included Donald Trump before he became U.S. president, former President Bill Clinton and Britain's Prince Andrew.

Berman said he would probably announce his bail decision on Thursday at 9:30 a.m. ET, saying he needed more time to absorb the case.

Lawyers for Epstein said their client, who wore dark blue jail scrubs in court, has had an unblemished record since he pleaded guilty more than a decade ago to a state prostitution charge in Florida and

agreed to register as a sex offender.

Critics have called that plea deal, which let Epstein avoid federal prosecution, too lenient.

Epstein is being held at the Metropolitan Correctional Center, a fortress-like jail that has been criticized by inmates and lawyers for harsh conditions.

He pleaded not guilty to sex trafficking and conspiracy charges on July 8, two days after his arrest at New Jersey's Teterboro Airport, where he had flown back on his private plane from Paris. Epstein faces up to 45 years in prison if convicted.

Epstein is accused of arranging for girls under the age of 18 to perform nude "massages" and other sex acts, and of paying some girls to recruit others, from at least 2002 to 2005. REUTERS

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ALL PHOTOS GETTY IMAGES

Actor *Taye Diggs* on why no teacher should struggle to pay for their classroom supplies

The stage and screen actor is partnering with Adopt a Classroom and Burlington to help make a difference.



PAT KING
patrick.king@metro.us

Teachers have enough to worry about in the classroom on a daily basis, let alone having to dip into their own finances to pay for necessary supplies.

But, unfortunately, that's where we are in 2019, as teachers in the U.S. spend \$740 of their own money, on average, to pay for regular classroom supplies each year. This week, the nonprofit Adopt a Classroom will be partnering with Burlington to help alleviate this issue by offering a \$100,000 donation to schoolteachers in New York City. Stage and screen actor Taye Diggs will be on-site at the New York Department of Education to announce

this donation and to also announce that Burlington will be taking \$1 donations from customers to help teachers all over the country to pay for their much-needed supplies. We spoke with the actor ahead of his appearance.

What initially drew you to Adopt a Classroom?
I grew up with education being a major component in how I was raised. I attribute it to how I am and where I am right now. My

mother homeschooled us for a little while and then started teaching outside of the family, and still continues to teach today. She's also in school herself getting a doctorate. I have a sister who is a teacher and I teach myself, so education has always been very, very important to me. It's something that rings true in my life and continues to. I thought that I would partner with Adoptaclassroom.org and Burlington to help raise

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"I grew up with education being a major component in how I was raised. I attribute it to how I am and where I am right now. My mother homeschooled us for a little while and then started teaching outside of the family, and still continues to teach today."

Taye Diggs

money for school supplies for these kids. A lot of teachers are ending up paying for their students' supplies out of their own pockets. We're trying to raise awareness and money so this stops.

While this organization is doing something so important, it's such a shame that it has to come to this. For someone like me, I have to focus on the positive because it's enough

to really infuriate you. I have to not focus on the negative because it really angers me. I'm the type of guy where I need to take this energy and focus it in a more positive manner. Organizations like this, for me personally and selfishly, help me feel like I can actually do something about this, as opposed to feeling helpless or beating somebody up [laughs].

Teachers do not get paid

enough as it is. It's such a shame that they are not being helped to pay for much-needed supplies in their classrooms. Yeah, 100 percent. People that should actually be getting paid more, it's almost as if they're being punished. Burlington is being so generous in starting this whole thing out with donating \$100,000 to a bunch of schools in the New York area. We're hoping that people can follow suit

and find the nearest Burlington company and donate \$1 more up until August 17, to help us put an end to this craziness.

Do you hope that this grassroots effort will send a message to Betsy DeVos to say that this problem is something she cannot ignore? Absolutely. I'm a huge fan of energy and I truly believe that you can start something really small, and if it's coming

from the place, it can build. Regardless of the state of our nation and our government, I think people will be surprised at how we, as a people, can join together and get s—t done. Once people realize what's going on, people are gonna join hands and we'll figure this out and get it done ourselves. It's unfortunate, but I have an abundant amount of faith in people. People, no matter where they are or where

they stand politically — you can't argue with education. We need to get these kids the supplies they need. We need to stop these teachers digging into their wallets in order to help their own students. I'm very encouraged that people will figure this out and help out. It's something I'm very passionate about and I have no doubt that other people will match our passion as well.



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	8	9	4			1		
7	4			8	5		3	
3	7		1		4		2	
				7				
	9		5		3		6	4
	1		2	6			4	3
		2			1	9	8	
				4	8			1

MEDIUM

2						4	3	7
	6							8
	4		2		3			
5			3			7		
6			4		9			2
		9			1			3
			1		2		7	
9							8	
4	3	2						9

HARD

					5		9	
	1	7		8				
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9	6				3	2		
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6	2			4				3
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The hallway in front of our mailboxes looks like what I imagine the work area of the USPS looks like. Forty-pound boxes I cannot move to get to my box, to little boxes that would be for a book or video, rest there from a.m. to p.m., seven days a week. Some are left outside the locked inner door, some just thrust inside. Some tossed at the doors for the first-floor apartments, some left on the foyer floor or near the steps. When did we become an outpost of the mailing industry? How is maintenance able to do floor cleaning? And WHY aren't USPS employees taking the return-mail basket left full, overflowing, for weeks at a time? I even find my mail put in there on the same days I get mail in the box!!!

— Anonymous, Metro US reader



ISTOCK

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Aries Don't feel that you must make a change because someone else does, or wants you to. Use your expertise and knowledge to ensure that you do what's best for you.



Taurus You'll be torn between what you should do and what you want to do. Look for alternative ways to take care of your responsibilities and still have time for a little fun.



Gemini You decide what's good for you. Don't let anyone interfere in your plans or hold you back from doing what you think is best. Put yourself first.



Cancer Get the facts and consider the possibilities before you jump in to something that could end up costing you. You'll have only yourself to blame if you don't do the proper research.



Leo Keep your opinions to yourself. If someone reaches out to you, listen to them, but avoid sharing personal information or plans for now. Poise and patience will pay off.



Virgo Change begins with you. Review what you've done and put together a list of what you want to pursue. Organization and preparation will help you avoid excess and maintain control.



Libra Take a break. Give yourself time to mull over the demands being put on you. Look for a rational way to get what you want without letting anger set in.



Scorpio If you crave change or excitement, get in the groove and make it happen. Traveling, learning and interacting with people you find interesting will be gratifying and educational.



Sagittarius You know the rules, but sometimes they aren't easy to follow. Refuse to let anyone persuade you to do something you shouldn't do or spend your money on something you don't need.



Capricorn If you don't like something, change it. It's your life, and putting up with something that doesn't feel right will gnaw away at you until you take action.



Aquarius Wait for the best time to make your move. Timing will be crucial if you don't want to face opposition. Anger will not solve anything, but precision and expertise will.



Pisces Stick to your plan and stick with people who have never let you down in the past. Making a physical change will lead to compliments. Schedule time for love and romance. EUGENIA LAST

LIFESTYLE

'Crawl' is the summer movie we've all been waiting for

The mere premise of "Crawl" is enough to make most people shudder with fear.



GREGORY WAKEMAN
Gregory.Wakeman@metro.us

Kaya Scodelario and Barry Pepper star as Haley and Dave, a daughter and father who aren't just trapped and on the cusp of drowning in their basement during a Category 5 hurricane, but who are also surrounded by a number of hungry alligators, too.

Director Alexandre Aja revels in tapping into these fears throughout "Crawl," showing us how smart, swift and deadly the alligators are with several gory sequences, while the tight and cramped surroundings of the

basement, and just how trapped the two characters are, makes it feel increasingly claustrophobic.

"I wanted to design the movie as a roller-coaster ride," Aja tells Metro. "I was looking to do something very scary and to make a suspense movie. It was very important for me to generate the fear. I wanted the film to feel like it was always building and building and building, to give it that fun element."

While Aja references the likes of Ridley Scott's "Alien" and the 1983 adaptation of Stephen King's "Cujo" as influences for "Crawl," he insists that he found most of the inspiration for his shots and setups from thousands of hours of crocodile and alligator footage on the internet.

All of that would have been useless, though, if Aja hadn't landed his first



choice for the lead role of Haley, Kaya Scodelario.

"Kaya has this determination in her eyes," insists Aja. "She has this badass attitude. She is a warrior. That was so necessary for her character to exist." Luckily for Aja, Scodelario

instantly saw a number of reasons to sign up for "Crawl," too.

"I was told they needed a strong, powerful and kickass survival chick," she recalls. "I read the script, and compared to most of the others I had

read that year, it was one of the most feminist. It is very rare for a female actor to get her own movie for a major studio where being a female isn't the central characteristic of the person. This is a story about an athlete trying to reconnect with her father and deal with a very intense situation and get through it."

But while Scodelario was excited by the intensity of the shoot, which saw her work all day, every day, for six straight weeks in particularly cold water, she was also delighted to be involved in a quintessential summer movie.

"It is pure escapism and fun! You want to see it with an audience and be surrounded by people that are screaming and jumping and laughing all at the same time. It is a chance to just immerse yourself in a different

world."

"Crawl" feels especially unique as it is one of the only original movies in a summer schedule packed full of sequels, reboots and franchises, and Aja believes that genre movies like "Crawl" can provide the originality that is severely lacking in Hollywood at the moment.

"There has been a series of films in recent years — 'The Conjuring,' 'Don't Breathe,' 'A Quiet Place' — that were very original and were also studio movies with very comfortable budgets. I find it interesting because for many years you had the choice of making either a very, very low-budget genre film or a very big blockbuster. The mid-budget movie was over. But now it seems like it is coming back."

"Crawl" is now in theaters.

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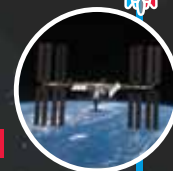
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JULY 1975
Apollo-Soyuz Test Project, the first U.S.-Soviet space flight, was conducted. The joint work provided useful engineering experience for future space projects as the **International Space Station**.



JULY 20, 1969
Successful landing of Apollo Lunar Module Eagle. **Neil Armstrong and Buzz Aldrin** became first men to step onto the lunar surface.



MAY 28, 1959
The U.S. launched the first primates in space, Able and Baker, on a suborbital flight.



JAN. 31, 1958
The first U.S. satellite, **Explorer I**, was launched by the U.S. into orbit aboard a Juno rocket and returned data from space.





Ahead of the 50th anniversary of the first human landing on the Moon, Metro highlights the most important facts and figures about 20th-century competition between two Cold War rivals, the Soviet Union and the United States.



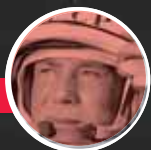
DECEMBER 1991

The Soviet Union was dissolved and spaceflight cooperation between the U.S. and Russia flourished.



MARCH 18, 1965

Soviet cosmonaut **Alexei Leonov** made the first spacewalk from the Voskhod 2 orbiter.



JUNE 16, 1963

Valentina Tereshkova became the first woman to fly into space.



APRIL 12, 1961

Yuri Gagarin became the first man in space by completing one orbit during a 108-minute flight on Vostok 1.



JAN. 2, 1959

The U.S.S.R. launched Luna 1, which became the first artificial object to leave Earth orbit.



NOVEMBER 3, 1957

THE START OF SPACE AGE

Laika, the Soviet space dog became one of the first animals in space aboard spacecraft Sputnik 2. It survived for several orbits but died a few hours after the launch.



OCT. 4, 1957

THE START OF SPACE AGE

The world's first artificial satellite Sputnik I was launched by the Soviet Union.



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Time to orbit the Earth: 98m

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Iration hits the road with their "Live From Paradise" tour. DAN HODGSON

Riding the wave to 'Paradise'

Iration's Micah Pueschel gives Metro the scoop on the band's "Live From Paradise" tour.

MOLLY GIVEN
Molly.Given@metro.us

Iration is here to make waves this summer, and not just with the typical reggae crowd. The Hawaii-based group came out with their latest self-titled album just a year ago, and the band is now hitting the road with their "Live From Paradise" tour with Pepper, Fortunate Youth and Katastro for an explosion of different sounds, unique energies and overall positive vibes. What sets Iration apart — and this is apparent with their latest album — is the fact that you can't pin them down to one distinct category. The group's sound ranges from the addicting reggae beats and energetic rock vibes to colorful dub and back again — and they do it all on their own terms. Iration guitarist and lead singer Micah Pueschel sat down with Metro to

give the scoop on what inspires the band, chat about why music is meant to evolve, and discuss what to expect from their tour this summer.

I wanted to chat a bit about your latest self-titled album that came out last year. What went into making it so unique and distinctive?

So we kind of picked up where we left off with the album we had before this, "Hotting Up," and we also worked with a new producer. It was a little bit of a different process: We would get into the studio with him and work on things and make demo beats, and then work on writing the songs from that kind of standpoint. With "Hotting Up," 50 percent of the songs were already written, and we wrote the second half with him. We were figuring each other out and how we work together as a group. So once we finished with that, we kept writing and started to hit our stride. We just wanted to keep writing songs, it didn't matter what genre it was or what it sounded

like. "Iration" was written over a large span of time because we were touring in between and that's why it's so eclectic; we were just writing over different points in a two-year cycle. We were just working on [different styles] of songs and seeing where it took us.

You mention not just sticking to one type of genre with this album. Do you think bands and artists sometimes feel pressure to stick to one sound?

One hundred percent. I think you have a core band base that likes you probably because of your initial sound or first records or whatever record that was the most popular that got you started. I think people attach to those things and have a very deep kind of connection to those records and sounds, and so if you start to branch away from that and move to different places, you risk your core fan base getting upset or being like, "This isn't what I signed up for initially." You kind of run the risk

of people jumping ship. Bands want to evolve, especially songwriters. It is an art, it is an expression, and we are creating, so you never want to just keep recycling the same thing over and over again. That would just be boring and it's not what it's about. There's a fine line. We always say that we will do something but we also know there is a number of people that we sort of have to please with records, so an album has to have a little bit of both.

Since we are on the subject of writing and what fans get out of your music, what do you hope fans take away from your songs rather than it just being beachy reggae music?

I think that's exactly what we strive to do, not be just recycled reggae music with random beats and random images or whatever. We really strive to make a song that tells a story and has a message, whatever that message may be. What we're really trying to do is create a connection in whatever way the listener finds it.

We don't try to be uber-specific with songs, we do that on purpose. We want people to take what they will from the songs because we make music for ourselves, but we do also make it as a product that we give to people — people have to connect to it. It's from a true place, it is our experience, but we try to make it come from a broad subject matter that everybody can connect to, no matter where you're from. We have songs that have that linear story and then we have songs that are more about a message or a feeling, or love and heartbreak. We try to mix it up and we don't try to stick to one thing. With reggae, we are adapting our own songwriting techniques and topics.

Jumping to your "Live From Paradise" tour, how does it feel hitting the road with Pepper, Fortunate Youth and Katastro?

Feels really good. We've toured with all of these bands before and we are all really close. We've known each other for a long time. We're four bands that have been in

this genre for a while, so it's very comfortable. Everybody's friendly and we have a good time. It's much better when you're on tour with bands you know and bands that you can hang out with before and after the show. No weird vibes or egos. Plus all of the bands in the package all bring something different.

What would you tell audiences to expect when attending an Iration concert?

Expect a good blend of sounds from the bands, and you can get whatever you want out of the show. If you want to come to the show and dance and get your energy out, you can definitely do that. If you want to come and chill, drink a beer and do whatever you want to do, you can do that and have a great time. The production is great, the lighting for the show is great, all the bands sound really good and bring something different. It's just overall a positive and good time.

Catch Iration at Pier 17 on July 19 at 6:30 p.m.

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SPORTS

There is more to the Knicks' power-forward spending spree

While the NBA world has piled on the Knicks, they fail to look at the numbers.



JOE PANTORNO
joseph.pantorno@metro.us

The NBA world has not been short of topics to make fun of the New York Knicks about.

In an offseason that began with such high hopes, things once again did not go to plan.

Nabbing Zion Williamson by winning the Draft Lottery was only an appetizer for an off-season that could have brought Kyrie Irving and Kevin Durant to Madison Square Garden.

Naturally, as the story has been for the Knicks in the James Dolan era, they whiffed on all of them.

The Knicks got the No. 3 pick in the draft, resulting in Williamson's Duke teammate, RJ Barrett, while Irving and Durant opted to sign across town for the Brooklyn Nets.

It turned out that the Knicks didn't even make an offer to Durant, who will miss the 2019-20 season with a ruptured Achilles.

They also opted not



Bobby Portis and Julius Randle will be fixtures in the Knicks' frontcourt this season. GETTY IMAGES/ ILLUSTRATION BY JOE PANTORNO, METRO US

to pursue another prized free agent in Kawhi Leonard, canceling a meeting that was scheduled for earlier this month.

Instead, the Knicks made a series of smaller signings, headlined by power forward Julius Randle on a three-year, \$63 million deal. The 24-year-old is coming off a career year with the New Orleans Pelicans in which he averaged 21.4 points and 8.7 rebounds per game.

GM Scott Perry and President Steve Mills proceeded to add more depth to the frontcourt, adding power forward Bobby Portis, power forward

Taj Gibson ... and power forward Marcus Morris.

See the trend there?

The influx of power forwards prompted plenty of questions from fans and pundits alike on management's ability to build a well-rounded roster.

And then came the jokes.

"The Knicks traded Kristaps Porzingis and replaced him with four power forwards," Stefan Bondy of the New York Daily News wrote. He must have forgotten that New York also came away with promising guard Dennis Smith Jr. and a

pair of first-round draft picks.

"It feels like the Knicks noticed that the Nets don't have any power forwards and decided to sign all of them as pay-back for Brooklyn taking KD and Kyrie to the other side of the East River," wrote Michael Lee of The Athletic.

"The Knicks would have \$59.9 million devoted to the power forward position," Bleacher Report's Tyler Conway wrote. "Their four highest-paid players will be power forwards. LONG LIVE KNICKS INCOMPETENCE."

Given their track re-

cord, the Knicks would normally be deserving of such ridicule.

The problem is, no one has bothered to do their research on any of these signings.

Portis, on a one-year, \$15 million deal, played 77 percent of his minutes last season with the Washington Wizards as a center (591 of 768 minutes), per NBC's Tommy Beer. Averaging 14.2 points and 8.1 rebounds, it's a solid supporting talent to pair with the developing young five in Mitchell Robinson.

Marcus Morris, also on a one-year, \$15 million deal, was the Detroit

Pistons' starting small forward from 2015 to 2017 before taking on a reserve role as a power forward with the Boston Celtics. For a player that averaged at least 13 points per game in each of the last four seasons, Morris is a competent veteran to work alongside 19-year-old Kevin Knox and, if needed, the rookie winger Barrett if he struggles at the 2.

While Randle is slated to be the Knicks' starting power forward, he also split his time evenly between the 4 and 5 with the Pelicans.

Gibson, meanwhile, on a two-year, \$20 million deal, is expected to return to a reserve role after experiencing heavy starting time with the Minnesota Timberwolves.

Suddenly, the Knicks have solid veteran support amidst a starting five that will be laden with youngsters and growing pains. Should head coach David Fizdale decide to roll out a lineup of Smith, Barrett, Knox, Randle and Robinson, the entire starting group will all be under the age of 25.

Suddenly those "power forward" signings might not seem so ridiculous for an organization that's been forced to rebuild through its youth and the draft.

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SPORTS

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TUESDAY, JULY 16, 2019



Marcus Stroman delivered a strong outing against the Yankees on Sunday. GETTY IMAGES

Stroman, Thor remain on Yankees' radar

Both possible trade targets put together strong showings over the weekend.



JOE PANTORNO
joseph.pantorno@metro.us

in his first 14 starts this year.

That's not exactly the best support system for All-Star Masahiro Tanaka and the surprising Domingo German.

Hence the team's desire to add another arm this month.

The rival Boston Red Sox got a head start on the Yankees on Sunday, acquiring Andrew Cashner from the Baltimore Orioles. The 32-year-old righty managed to accrue a 9-3 record and 3.83 ERA on an Orioles team that is projected to lose over 100 games this season.

The Yankees' most recent activity has been centered around a pair of local arms that are expected to be trade chips for their respective clubs.

New York Mets starter Noah Syndergaard's latest start on Saturday against the Miami Marlins was watched by Yankees scouts, per Kevin Kernan of the New York Post.

It was one of Syndergaard's better starts over the past two months as he allowed two runs in seven innings of work while striking out nine.

Syndergaard was linked heavily with the Yankees last year, including a proposed three-team deal that would have sent him to the Bronx while the Mets came away with then-Marlins catcher JT Realmuto.

The Houston Astros,

Milwaukee Brewers and San Diego Padres are also believed to be heavily involved in the Syndergaard sweepstakes. However, Mets General Manager Brodie Van Wagenen "expects" both Syndergaard and Jacob deGrom to remain with the team.

If that's the case, the Yankees could make Blue Jays ace Marcus Stroman their top priority this summer. The Long Island native is piecing together one of his finer seasons in the majors, posting a 3.25 ERA with 88 strikeouts in 110.2 innings of work.

Those are solid numbers on a hapless Blue Jays team that has played a large part in his less-than-impressive 5-10 record.

The Yankees got a close look at Stroman on Sunday when he went six strong innings, allowing three runs on seven hits while striking out seven. It was the 16th time in 19 starts this year in which he's held the opposition to three runs or fewer.

The projected prices for either Syndergaard or Stroman would be higher compared to some other available arms around the league. Stroman is under team control through next season while Syndergaard is secured through 2021. Both players, however, will have to go through arbitration prior to each of those seasons.



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DeMaurice Smith (right) shot down NFL owners' proposal for an 18-game regular season. GETTY IMAGES

NFLPA boss holds firm against 18-game season

DeMaurice Smith further discussed his decision to shoot down the owners' proposal for an 18-game season on Monday.

JOE PANTORNO
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While NFL owners are looking for more football during the regular season, they aren't receiving much support from the players.

Last week saw NFL Player's Association Executive Director DeMaurice Smith shoot down a proposal tabled by team owners to extend the regular-season schedule from 16 to 18 games.

While two extra games would provide the league with billions of dollars in added revenue — as much as \$2.5 billion according to the Wall Street Journal — concerns about the players' longevity came into view.

The owners suggested capping each player's participation to just 16 of those 18 games to ensure that their regular-season workload doesn't change.

However, it would be

controversial for a team in the thick of a playoff race to have to sit their best player because of league rules.

For Smith, it all circled back to the health of the players.

"We would never contemplate a world where even if you're playing 16 games in 18, that's still two more weeks of practice," Smith told 106.7 The Sports Junkies in Washington, D.C., on Monday. "If the league wants to propose something that decreases injury, increases a player's long-term health care, and decreases their exposure to the type of injuries that we know cause long-term problems, then we'll hear it."

The NFL has constantly fallen under siege by activists looking out for the health of players, which is why Smith has taken such a stern stance on extending the regular season.

Campaigns to teach a correct way of tackling to avoid head contact or penalizing dangerous hits have done little to subdue the violence within the game.

"I know fans love to talk about ideas like this, but I live in a world where we want to decrease injury, we want to decrease exposure,

we want to decrease the chances of long-term injury," Smith said. "We want to increase the type of health care that we've got after football is over. I didn't hear any of that [put] into an 18-game proposal."

The proposal was tabled during negotiations for the league's next collective bargaining agreement. While the current deal expires before the 2021 season, NFL Commissioner Roger Goodell told CNBC that the league would like to have a new CBA in place before the start of the 2019 season.

Rather than add games, Smith is looking to do the opposite. Granted, not in the regular season.

"I look at preseason games as our guys being exposed to injury before the work begins," Smith said. "In 2018, we had 79 preseason concussions before the work began."

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ACROSS

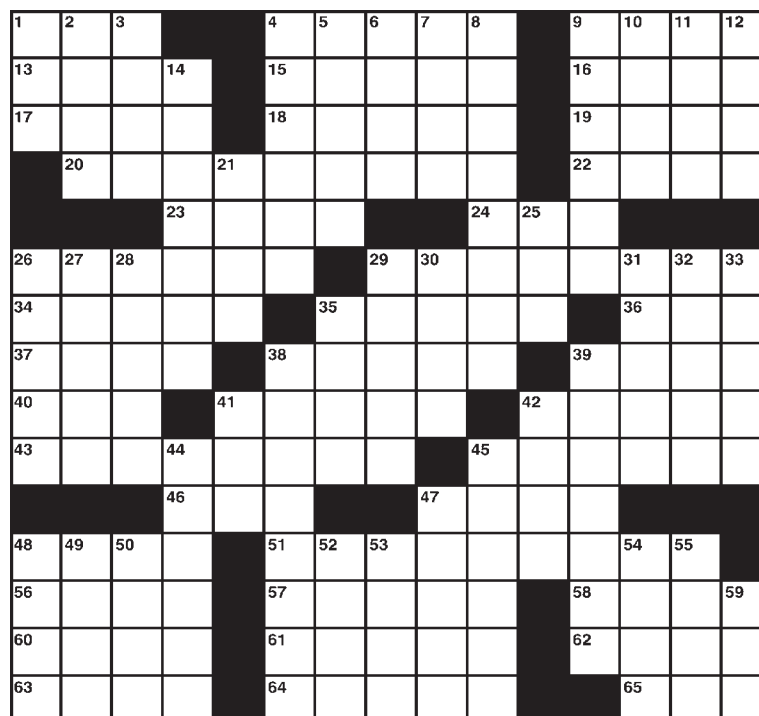
1 Read the riot __ to; berate
4 Heroic tales
9 British fellow
13 Regrets
15 Vainglory
16 Period of time
17 Storm sound
18 Concur
19 Additional
20 Jutted out
22 __ on fire; ignites
23 Facial feature
24 Commit perjury
26 Czech Republic's capital
29 Crushing coffee beans
34 Not as common
35 __ steak; meat for London broil, often
36 Knave
37 Kaput
38 Lingo
39 Ocean motion
40 Jerry Stiller's boy
41 McKinley or Whitney

42 Duel action
43 __ of; in love with
45 Archer's goal
46 "American Idol" network
47 Ruptured __; back problem
48 Subsidies
51 Very necessary
56 Plumbing problem
57 Small brooks
58 Waterbird
60 Built
61 Make joyous
62 Despire
63 Took to court
64 Fit for a king
65 However

DOWN

1 Lob's path
2 Actor Robert
3 Sorrowful drop
4 Few and far between
5 Squabble
6 __ one's loins; prepare for action
7 "Zip-__ -Doo-Dah"
8 Very young tree
9 Pursued

10 Golf goal
11 Land in Eur.
12 NFL players
14 Freeloader
21 Go places
25 Octopus secretion
26 Investigation
27 Bird in a Poe poem
28 Sports building
29 Thyroid or pituitary
30 Sound off
31 Eclair topping
32 Gentle push
33 Make welcome
35 Chimney channel
38 Wizard
39 From Istanbul
41 Unruly crowd
42 Final
44 Wearing a disguise
45 Christmas tree glitter
47 Actress Burke
48 Shady bunch
49 Escort
50 Commanded
52 Farm outbuilding
53 Vanquish
54 Take __; subtract
55 Overdue
59 Profit

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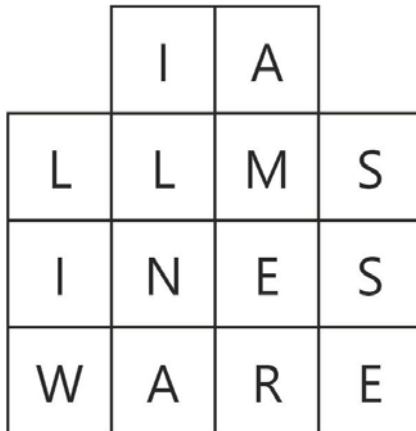
Anchorman
Bobby
Buddy
Burgundy
Chazz

Elf
Ferrell
Lego
Megamind
Ricky

Ron
Semi-Pro
SNL
Talladega
Will

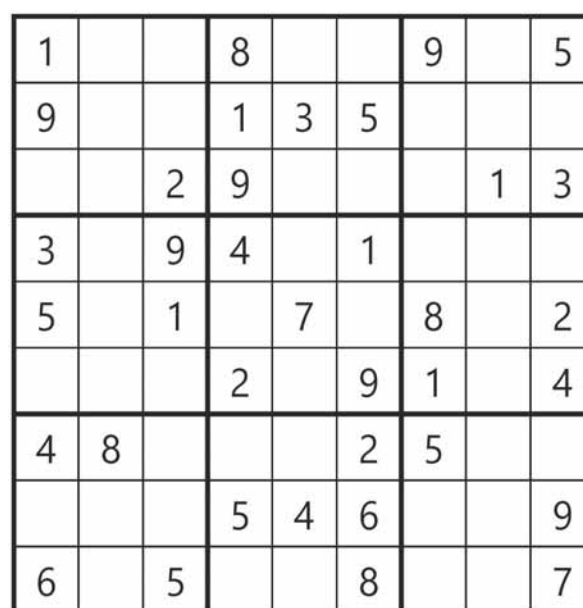
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